Yale researchers found that states with a higher social-to-health spending had significantly better health outcomes.

A 20% increase in the median of the social-to-health spending ratio was associated with:

- **Obesity**: 85,000 fewer adults with obesity
- **Mental Health**: 978,000 fewer adults with 14+ mentally unhealthy days a month

DOI: 10.1377/hlthaff.2015.0814

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