

# The State of Health in America



Yale researchers found that states with a higher social-to-health spending had significantly better health outcomes.

A 20% increase in the median of the social-to-health spending ratio was associated with:



**OBESITY**

85,000 fewer adults with obesity



**MENTAL HEALTH**

978,000 fewer adults with 14+ mentally unhealthy days a month

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Yale *Global Health Leadership Institute*

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